



The Birmingham News

The dining scene

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CHEF, TV PERSONALITY COMING TO BELK FOR COOKING DEMO:

Lorena Garcia, a chef and television personality, will be at Belk at the Riverchase Galleria from 2 until 4 p.m. Sunday for a cooking demonstration. The event will be in the housewares area of Belk.

Garcia will combine elements of her Latin heritage with flavorful ingredients at the demonstration. She will prepare organic cucumber carpaccio with pink peppercorns, and creme de papaya. Samples of the dishes will be offered those attending the event.

The demonstration also celebrates the launch of a signature line of Lorena Garcia home products designed exclusively for Belk. The collection includes assortments of tabletop cookware, housewares and fashion bedding.

Products will be available for purchase at the demonstration Sunday.

Garcia, a native of Venezuela, is a graduate of Johnson & Wales University Culinary Arts School. She has trained at restaurants in France, Italy, Japan, Korea, Thailand and China.

She has also owned and operated two restaurants in the Miami design district, beginning with Food Cafe, and later at Elements Tierra, a fusion restaurant inspired by flavors she acquired during her travels.

Garcia's "Big Chef Little Chef" program, in which she works with school-aged children and their parents to teach them about nutrition and how to cook and eat properly, has been the subject of many reports across this country and Latin America.

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